



## **Cyclefit Sports Club**

1006 N. Leroy St, Fenton, MI 48430

**Ride Decorum & Rules of the Road**

### **General**

1. Riders must obey all traffic laws, just as a motor vehicle.
2. The use of an ANSI / SNELL approved helmet is mandatory.
3. No headphones allowed in group rides.
4. Aero bars, although permissible on the bike are not to be used on any group ride.

### **Ride Leaders Responsibilities**

1. Explain the rules of the ride, pace and distance.
2. Appoint a co-leader, or get a volunteer to help.
3. Stop the ride (if necessary) for any breakdowns.
4. Ask disruptive riders to leave the ride.
5. Regroup when necessary.

### **Riders Responsibilities**

1. No helmet = No ride.
2. Obey and cooperate with the ride leader.
3. Notify the ride leader if having difficulty.
4. If leaving the ride, drop off the back.
5. Obey the rules and courtesies of group riding.
6. Ride in a safe, predictable and reasonable manner.
7. Give pedestrians the right of way, and plenty of room when passing.
8. Do not cross the yellow line.
9. Do not turn in front of oncoming cars.
10. Know your riding capabilities.
11. Bikes must be in good working condition and equipped with the necessary items (pump, water bottle, etc.).
12. Do not overlap wheels.
13. No sudden stops.
14. Call out turns and stops.
15. Lights are required when rides end after sunset.

### **Group Responsibilities**

1. Ride as far to the right as practical.
2. Try to use no more than one half of the lane.
3. A maximum of two abreast is allowed on roads, and we must try not to impede traffic.
4. Make changes in speed and direction in a predictable manner.
5. Wait after a red light if the whole group does not make it through.

### **Warnings**

1. Point out information to the group (turns, pedestrians, potholes, mechanical problems, etc.) but only use warnings when riders need to take evasive action.
2. Never announce, "Clear" at an intersection.
3. Over used warnings are generally ignored and therefore of little use.

### **Dealing with Motorized Traffic**

1. When "car back" is heard, merge to the right.
2. Do not signal a motor vehicle to pass.
3. Watch for opening doors when passing parked vehicles.
4. Do not make obscene or unfriendly gestures towards motorists or otherwise aggravate drivers.
5. Be mindful of traffic at intersections; incoming traffic, right turns on red, etc.

